

DeForest Parks, Recreation & Natural Resources

Recreation Program Announcement

Winter



DeForest Parks, Recreation & Natural Resources

Winter Dance with Miss Erin....

DeForest Area Community & Senior Center, Community Room
 Please enter from side door
 Mondays, Jan. 5 - March 9, Recital at DHS Little Theater
 Program will conclude in an end of the season recital!
 \$50
Reg. Deadline: Dec. 22

Discovery Dance (3-4)	Discovery Dance (3-4)	Ballet 5-6	Hip Jazz 5-6	Hip Poms 7-8	Hip Hop 8-10
Jan. 5-March 9	Jan. 5-March 9	Jan.5-March 9	Jan. 5-March 9	Jan.5-March 9	Jan. 5-March 9
4:30-5:00	5:00-5:30	5:30-6:00	6:00-6:30	6:30-7:00	7:00-7:30

Safety Saturdays...

Come and get a first hand tour of the DeForest Area Fire Department and the DeForest Police Department. In addition to the tours, we will do an activity, read a related story and have a snack.
Instructor: Katie Moran

Meet in the Public Safety Courtroom
 (305 E. Holum Street)
 2-4 yrs with caretaker
 Saturday, March 7 (Police Department)
 Saturday, March 14 (Fire Department)
 10:00-10:30 am
 \$20 for both days
Reg. Deadline: Feb. 23

Let's Play Music

A fun and creative way to enhance your child's development and love of music through songs, movement games, musical crafts, dancing and more. *Instructor: Nicole Moll*
 Windsor Community Center
 Thursdays, February 5-19
 18 mos-4 yrs with caretaker
 9:30-10:00 am
 \$30
Reg. Deadline: Jan. 21

Brrilliant Snow Bizarre



Fireman's Park Shelter
 Saturday, Jan. 17th
 3-5 yrs, 3:00-3:30 pm
 6-9 yrs, 3:45-4:30 pm
 \$15
Reg. Deadline: Jan. 5

Kids cooped up?!

Winter in Wisconsin is too long to stay cooped up. We will get them enjoying fresh air and snow activities!

Young Rembrandts

Inspire your child's love of art with Young Rembrandts. Your child will choose from a bountiful selection of drawings and be introduced to the world of color, pattern, and design. *Instructor: Young Rembrandts Staff*



Young Rembrandts

Tuesdays, November 25-December 16
 3.5-5.5 yrs...5:15-6:00 pm (Yahara Elementary Room 248)
 6-12 yrs...6:15-7:15 pm (Yahara Elementary Room 248)
 AFTER SCHOOL 6-12 yrs...3:05-4:05 pm (Windsor Elementary Cafeteria)
 \$40

Reg. Deadline: Nov. 11

Wiggle Worms

We will hop, skip, jump and giggle the wiggles right out of your preschooler. A perfect way to end their day before collapsing to bed.
Instructor: Katie Moran

Mondays, March 2-March 23
 18 mos-4 years
 Holum Center Gym
 6:30-7:00 pm
 \$25
Reg. Deadline: Feb. 23



Jumpin' Gymnastics

Participants will learn basic gymnastics. Wear well fitting clothes (no zippers, pockets, snaps)
 Jump Around Gymnastics, 805 Burton BLVD
 Tuesdays, Jan. 6-Feb. 24
 \$50

Reg. Deadline: Dec 22

2-3 yrs w parent

4-5 yrs

6-10 yrs

5:30-6:00 pm

6:15-6:45 pm

7:00-7:30 pm



See page 5 for details!!!

Program confirmations are not sent!

If you do not hear from the department, please plan for your program as scheduled! If there are changes to programs, you will be contacted.

DeForest Parks, Recreation & Natural Resources



CRAFT CLUB

Cut it, modge podge it, glue it, just do it!
We provide the supplies, tools, and ideas and you create!

Yahara Elementary Rm 248
6-9 yrs
Tuesdays, Feb. 17-March 24
6:00-6:45 pm
\$30
Reg. Deadline: Feb. 3

Frozen Party
Join us for the coolest party this winter!
We will play Frozen themed games, get creative with a crafty project and enjoy a royal treat.
Instructor: Nicole Moll

DeForest Area Library, Lower Level
Saturday, Jan. 17
3-5 yrs: 9:45-10:30 am
6-9 yrs: 10:45-11:30 am
\$15
Reg. Deadline: Jan. 2

Lego Party
Calling all Lego builders! Join us for a Lego themed party where we will play Lego games, read a story, build with Legos and enjoy a Lego treat.
Instructor: Nicole Moll

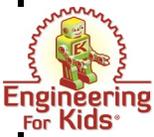
DeForest Area Community & Senior Center
Community Room
(Enter from side door)
Saturday, March 21
3-5 yrs: 9:00-9:45 am
6-9 yrs: 10:00-10:45 am
\$15
Reg. Deadline: March 6

Intro to Wrestling
Norksi Middle School coach, Sam Rodriguez, will introduce your child to one of the oldest and most exciting sports; wrestling. Ideal for beginners. Participants should wear shorts and a t-shirt. Wrestling shoes a plus but NOT required.

DeForest Middle School
Wrestling Room
K-4 Grades
Mondays & Thursdays,
Jan. 5-Jan. 22
5:15-6:00 pm
\$30
Reg. Deadline: Dec. 22

Junior LEGO® WeDo™ Robotics: Adventure Stories
This class is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, students build an airplane rescue, a giant escape, and a sailboat storm. They also learn how to program and operate their creations using a laptop computer. *Instructor: Dane County Engineering for Kids Staff*

The MAC, 697 S. Main Street
4-6 yrs
Sundays, Feb. 1-March 8
1:15-2:00 pm
\$90
Reg. Deadline: Jan 23



Intro to Beading Bracelet Making
Interested in learning how to make a beaded bracelet? In this class, participants will get step-by-step instructions of beading & stringing to create your jewelry from scratch. Participants will walk away with a finished bracelet. All supplies will be provided.
Instructor: Poonam Rao

DeForest Area Library
Lower Level, Room D
11 yrs+
Saturday, Dec. 13
2:00-4:00 pm
\$20
Reg. Deadline: November 28

Robotics Mindstorms
Students will learn the basics of designing, programming, and controlling a fully functional robot. Using LEGO® MINDSTORMS®, mathematical concepts, and engineering principles students will brainstorm, plan, test, and modify sequences of instructions to accomplish a given task. *Instructor: Dane County Engineering for Kids Staff*

The MAC, 697 S. Main Street
7-12 yrs
Sundays, Feb. 1-March 8
2:15-3:00 pm
\$115
Reg. Deadline: Jan 23

DeForest Public Service Bldg.
Conference Rm, 205 DeForest St.
6-9 yrs
Saturdays, Dec. 13,
Jan. 10 & Feb. 14
10:30-11:30 a.m.
\$25
Reg. Deadline: Dec. 1



PAY IT FORWARD

SECRET SERVICE

Kick off the holiday season, this program shares the joy of giving with our youth. Participants will feel delight when they see their impact first hand, through random acts of kindness. *Instructor: Nicole Moll*

DeForest Parks, Recreation & Natural Resources

Yoga for ALL Levels

Lisa Lawrence will lead this yoga class to increase flexibility, strengthen and lengthen muscles, increase circulation, aid digestion and lower stress. Lisa brings 35 years of experience. Her style is upbeat and filled with humor. *Instructor: Lisa Lawrence*

DeForest Area Community & Senior Center
Community Room, (Enter from side door)

16 yrs +

Nov. 19-Jan. 28 (No class 11/26 & 12/24), \$35

Feb. 4-March 25, NEW FEE: \$40

Wednesdays, 5:45-6:45 pm

Bring yoga mat

Reg. Deadline: Nov. 5 & Jan. 21

Sunrise Yoga—NEW!

Rise & Shine! Lisa Lawrence will lead this yoga class to increase flexibility, strengthen and lengthen muscles, increase circulation, aid digestion and lower stress. Lisa brings 33 years of experience in kundalini yoga. Her style is upbeat and filled with humor. *Instructor: Lisa Lawrence*

16yrs +

Saturdays, 9:15-10:15 am

Nov. 15-Jan. 3, DeForest Area Library Lower Level, \$35

Saturday, Jan. 10-Feb. 28; DeForest Community & Senior

Center, NEW FEE \$40

Reg. Deadline: Oct. 31 & Dec. 26

Tuesday PM Zumba

Zumba is a fusion of Latin and international music-dance themes that create a dynamic, exciting, effective fitness system.

Join in on the party!

Instructor: Corie Hoffman

Eagle Point Elementary Gym

16 yrs +

Tuesdays, 6:00-7:00 pm

Dec. 16-Feb. 3

Feb. 10-March 31

\$35

Reg. Deadline: Dec. 2; Jan. 27

Insanity

Join Lezlie for a 40 minute, fast paced, heart racing workout that pushes you to find your own Level 10. With plenty of modifications to support any fitness level as Lezlie shares her new found energy to help you dig deep and get the best workout you can get in only 40 minutes.

Instructor: Lezlie Chicker

Eagle Point Gym

18 yrs +

Thursdays, Jan 15-March 5

6:00-6:40 pm

\$35, bring mat, towel, water and attitude!

Reg. Deadline: Jan. 2

Kettlebell AMPD

Kettlebell just got loud! That's right, Kettlebell AMPD takes heart-pumping music and your favorite kettlebell moves, and combines them into 45 minutes of calorie torching fun! Each song will focus on a main area, while still maintaining a whole body workout. And cue the music, making the workout fun, and you will be begging for more!



DeForest Area Community & Senior Center
Community Room, (Enter from side door)

16 yrs+

Saturdays, Jan. 10-Feb. 28

Saturdays, March 7-April 25

8:00-8:45 am

\$35

Reg. Deadline: Dec. 26 & Feb. 21

Adult Beading Workshop

Interested in learning how to make a beaded bracelet? In this class, participants will get step-by-step instructions of beading & stringing to create your jewelry from scratch. Participants will walk away with a finished bracelet. All supplies will be provided.

Instructor: Poonam Rao

18 yrs +

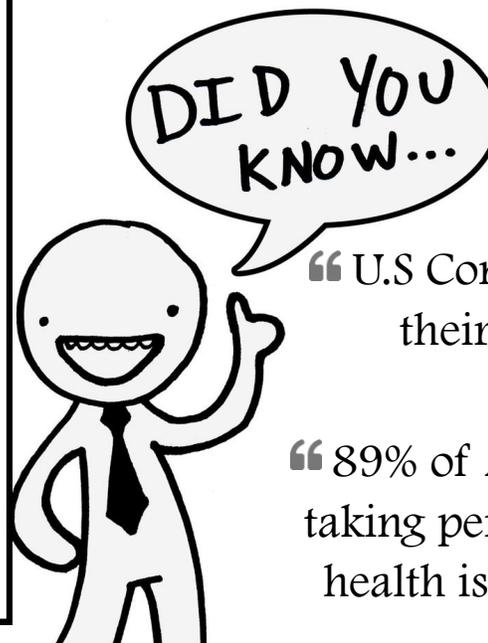
DeForest Area Library
Lower Level, Room D

Saturday, Feb. 28

10:00-12:00 pm

\$20

Reg. Deadline: Feb. 13



“U.S Consumers listed health among their top 5 concerns for 2014.”

“89% of American consumers report taking personal responsibility for one's health is the best way to stay healthy.”

See page 6 to learn about our **Fit Pass...**

DeForest Parks, Recreation & Natural Resources



Join us!

DeForest Parks, Recreation & Natural

Resources presents:

Candle Light Hike

Western Green Park, Acker Parkway

Dec. 5th, 5:00-7:00 pm

DMB Community Bank

Near to you. Far from ordinary.



Recreation Instructors

We are looking for creative, outgoing, organized people to join our team! Recreation instructors are needed to develop, lead and supervise a variety of programs that may include: science, games, sports, arts and crafts and any ideas you may have!

Essential Job Duties:

- Must be able to work independently
- Plan, develop, and facilitate age appropriate activities using lesson plans.
- Communicate with parents and members of the community, positively reflecting the department.
- Maintain positive and cooperative environment
- Successfully pass criminal background check

Qualifications:

- Experience working with youth
- Experience developing activities for various populations
- Enthusiastic, responsible and outgoing personality

Hours are variable. Recreation instructors are expected to work a flexible schedule.

Give us a call to learn more!

608-846-6751



Go on, they will be better than fine!



Go out to dinner, run errands, go on a walk, read a book, you get the hint? This is your chance for “you” time and they get “their” time.

Our first parent’s night out is in partnership with Karate America. We will have pizza, karate demos and exercises, games and snack.

Karate America

318 N. Main St.

Friday, Feb. 13

6:00-9:00 pm

5-12 yrs

\$20 1st child, \$10 2nd child, includes dinner, juice & snack

Reg. Deadline: Jan. 30

MEET YOUR RECREATION TEAM!

DeForest Parks, Recreation & Natural Resources



Kelli Bialkowski
bialkowskik@vi.deforest.wi.us



Office Location & Hours

306 DeForest Street
DeForest, WI
846.6751

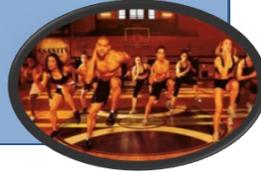
Monday-Thursday
7:30-4:30 pm

Friday
7:30-2:00 pm

vi.deforest.wi.us

Like Variety?
Busy Schedule?

Try our **Fit Pass**



Don't sign up for just one fitness class, try them all!

Work out when it "fits" your schedule.



3 Easy methods...

Register on line
(www.vi.deforest.wi.us)

Mail or Walk-in Registration form

After hours drop box
(306 DeForest Street)

Registration forms are available on our website at www.vi.deforest.wi.us



Now Accepting...

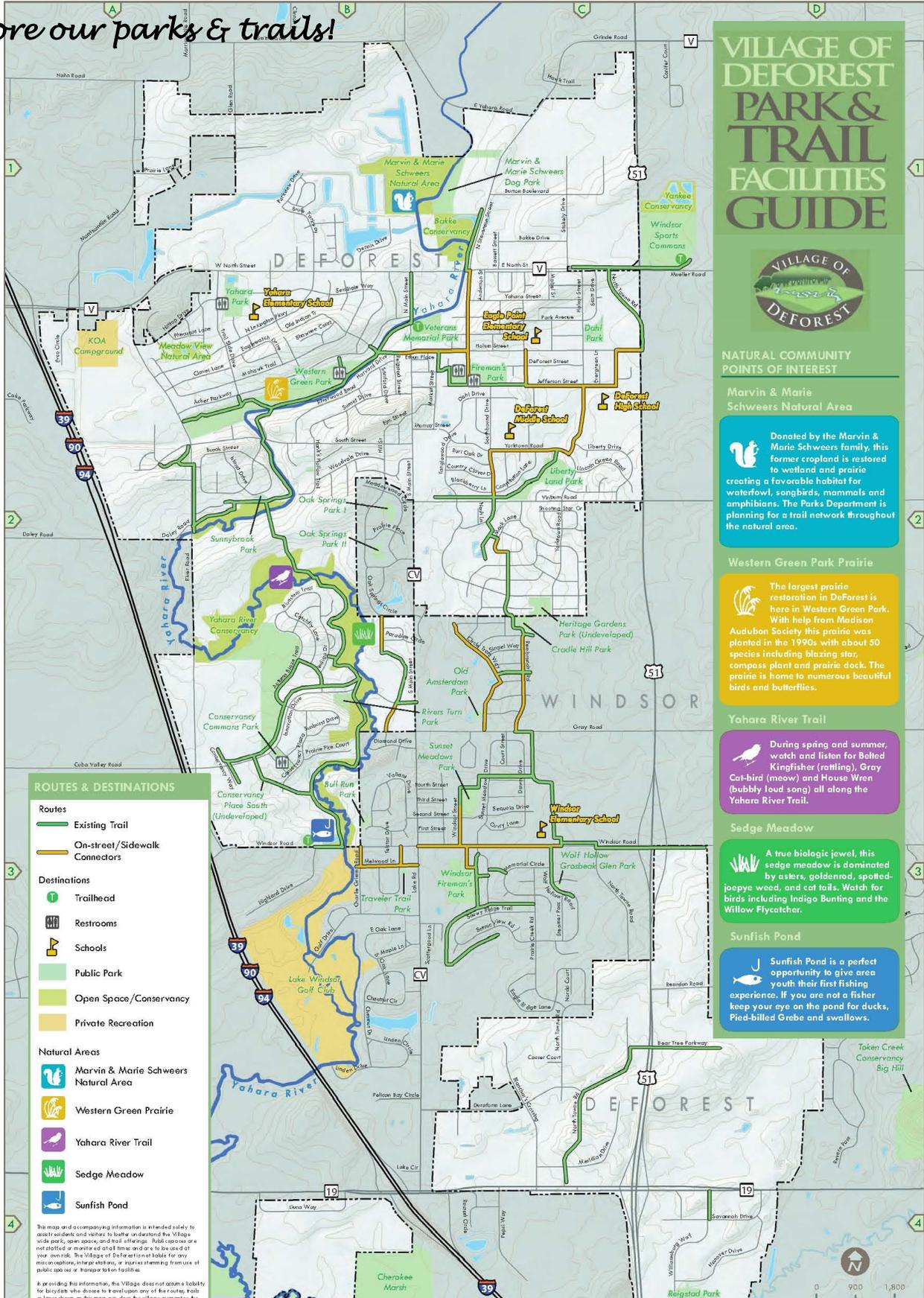


Payment Type	Recreation Programs	All Other Payments
Fee	\$2.95 (flat fee)	2.75% (+ \$.50 if under \$100)



Be our guest!

Explore our parks & trails!



Find this map on our website at www.vi.deforest.wi.us or pick one up at Village Hall, 306 DeForest Street.



Program Registration Form
 DeForest Parks, Recreation & Natural Resources Department
 Completed registration and payment should be mailed to or dropped off at:
 Village Hall, 306 DeForest St., DeForest, WI 53532 (608) 846-6751

Name/Parent/Guardian: _____ Email: _____

Address: _____ City: _____ Zip: _____

Day Phone: _____ Eve Phone: _____ Cell Phone: _____

Emergency Contact: _____ Relationship of Emergency Contact: _____

Day Emer. Phone: _____ Eve Emer. Phone: _____ Cell Emer. Phone: _____

Does participant have any allergies or health conditions, if so, state below:

Please write shirt size in column below if applicable for your program:
 YS 6-8 YM 10-12 YL 14-16 Adult S

Program Name And Start Date	Participant Name	Sex	Date of Birth	Grade in 14-15 School Year	Shirt Size	Fee

Please initial. I have read and agree to the **CONCUSSION AGREEMENTS AND INFORMATION**. Must be initialed for player to participate in sport programs. (Please review agreement and information on our website www.vi.deforest.wi.us - Recreation Programs)

Additional Notes/Requests (Please limit your requests for teammates/coaches to no more than 2 per player)

Total \$ Due:
 Payable to Village of DeForest

Release of Liability & Photo
 By registering or participating, the registrant understands that individual accident insurance is not provided for The Village of DeForest Parks, Recreation and Natural Resource Programs and agrees to adhere to program rules. I do hereby, for myself, my heirs, executors, administrators, waive, release, and forever discharge any and all rights and claims for the damages that I may have or that may hereafter accrue to me arising out of or, in any way connected with my participation in the Village of DeForest Parks, Recreation and Natural Resources Program. Photos or film may be taken during program for educational and marketing purposes.

Parent/Registrants (if 18 yrs. or older): _____ **Date:** _____

Signature

INTERESTED IN COACHING???

_____ Please place an (*) next to the participant for whom you wish to volunteer as HEAD coach. Your Name _____

_____ Please place an (+) next to the participant for whom you wish to volunteer as ASST. coach. Your Name _____

For Office Use Only: Cash: _____ Check#: _____ Amount: _____ Date: _____ Rec'd By: _____